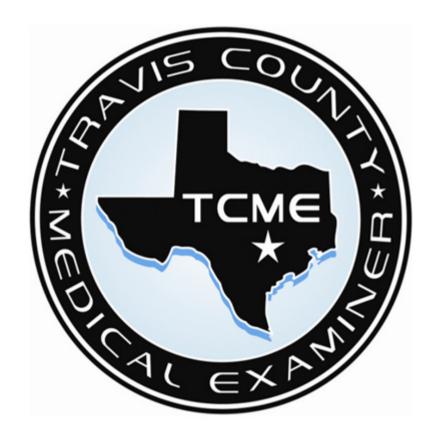
# TRAVIS COUNTY MEDICAL EXAMINER



Annual Report 2016

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#### INTRODUCTION

The Travis County Medical Examiner's Office (TCMEO) provides medicolegal death investigation for Travis County, Texas, and a number of surrounding counties. Travis County is part of the Austin-Round Rock metropolitan area and covers 989 square miles of land and 33 square miles of water. The county seat is Austin, which is also the capital of Texas. In 2016, the population of Travis County was approximately 1,199,323.

The TCMEO was established in 1977. It is located at 1213 Sabine Street, Austin and is a three story free-standing building. The first floor houses investigations, the autopsy suites, and the body coolers. The second floor houses the toxicology and histology laboratory. The third floor houses the administrative section and the doctor's offices.

It has been recognized for a number of years that the TCMEO has outgrown its facility on Sabine Street in downtown Austin. 2016 saw the finalization of plans to build a more spacious facility at 7723 Springdale Road, close to the intersection of Springdale and Manor Road. Construction began in 2016, and occupation of the new facility is planned for fall-2017.

Effective July 1, 2016, with institutional sponsorship from the University of Texas Medical Branch, obtained accreditation for one-year forensic pathology fellowship training program from the Accreditation Council for Graduate Medical Education (ACGME). The TCMEO is now one of 39 medical examiner's offices in the country accredited to provide the final of subspecialty training needed to become a forensic pathologist. Each year, the TCMEO will train two fellows; the first class of fellows have been recruited and will begin their training in July of 2017.

#### NATIONAL ASSOCIATION OF MEDICAL EXAMINERS (NAME)

The office was re-accreditated on Jan 23, 2015 and applies until 2019 at which time we will seek re-accreditation.

NAME also requires that a yearly self-assessment be submitted to the accrediting authority of the organization. This was successfully done in the summer of 2016.



### AMERICAN BOARD OF FORENSIC TOXICOLOGY (ABFT) ACCREDITATION

The Travis County Medical Examiner's Toxicology Laboratory first achieved accreditation by the ABFT on August 1, 2005, and has maintained accreditation without interruption since.

#### **STAFF**

The TCMEO is staffed by 42 Travis County employees and is composed of the following departments sections: Forensic Pathologists, Investigation, Morgue, Forensic Toxicology, and Administration. There are seven forensic pathologist positions at the TCMEO, including the Chief Medical Examiner, the Deputy Chief Medical Examiner, and five Deputy Medical Examiners. All physicians are board-certified forensic pathologists.

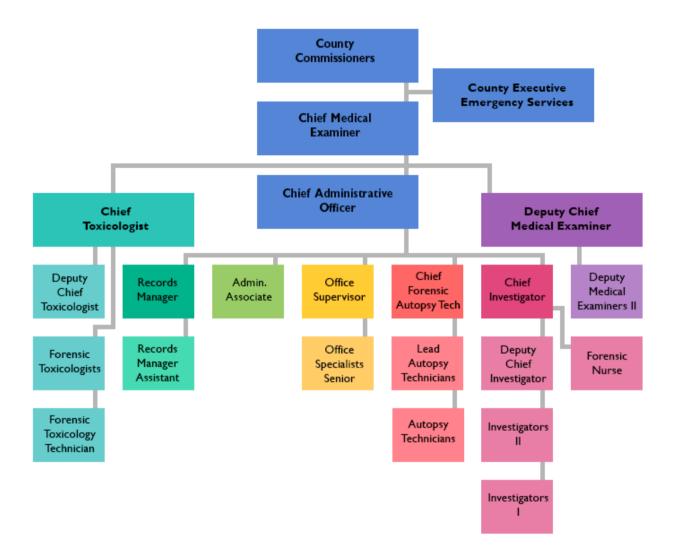
There are twelve positions in the Investigation Department, including the Chief Investigator and the Deputy Chief Investigator. There are four Investigator II personnel and six Investigator I personnel.

In the Morgue Department, there are six employees, including the Chief Autopsy Technician, two Lead Autopsy Technicians, and three Autopsy Technicians.

In the Forensic Toxicology Department, both the Chief Toxicologist and the Deputy Chief Toxicologist hold Ph.D. degrees. There are four Forensic Toxicologists and one Forensic Toxicologist Technician.

The Chief Administration Officer oversees Investigations, Morgue, and Administration. The Administration Department includes: Office Support, Finance, Human Resources and Record Management. There are eight employees in the Administrative Department.

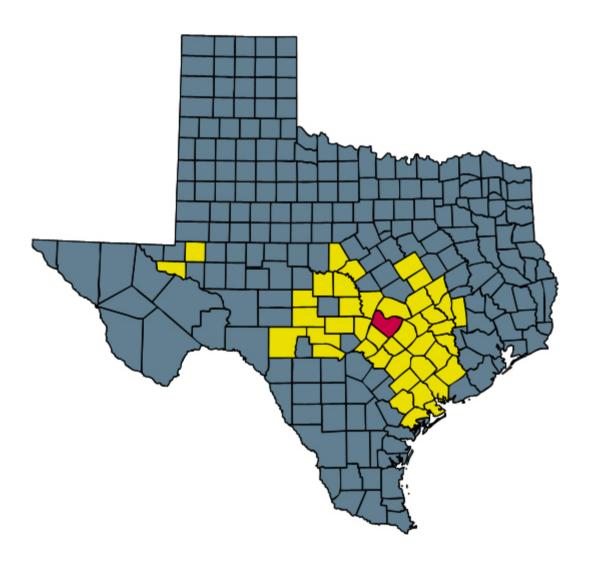
#### **ORGANIZATION CHART**



#### **CASE JURISDICTION**

The Travis County Medical Examiner's Office is responsible for the investigation and certification of cause and manner of death of all sudden, unexpected, violent, suspicious, or unnatural deaths that occur in Travis County. The cause of death is a disease, injury, drug toxicity, or combination of factors that causes a physiologic derangement severe enough to result in death. The manner of death refers to the circumstances surrounding how the death came about and is divided into five categories: natural, accident, suicide, homicide, and undetermined. The TCMEO also investigates similar-type deaths occurring in 42 central Texas counties at the written request of the local authorities.

#### **Graphic of TCMEO service region**



Red -Travis County Yellow -Counties serviced by TCMEO through Interlocal Agreements

#### REPORTABLE DEATHS

Pursuant to the Texas Code of Criminal Procedure, Chapter 49.25, the TCMEO has jurisdiction over the following deaths that occur within the boundaries of Travis County:

- When a person dies while in prison or in jail;
- When any person is killed; or from any cause dies an unnatural death, except under sentence of the law; or dies in the absence of one or more good witnesses;
- When the body or a body part of a person is found, the cause or circumstances of death are unknown, and:
  - o The person is identified; or
  - o The person is unidentified;
- When the circumstances of the death of any person are such as to lead to suspicion that he/she came to his/her death by unlawful means;
- When any person commits suicide, or the circumstances of his death are such as to lead to suspicion that he/she committed suicide;

The following cases shall be reported to TCMEO. TCMEO may either accept or decline jurisdiction based upon the circumstances of the individual case.

- When a person dies within twenty-four hours after admission to a hospital.
- When a person dies without having been attended by a duly licensed and practicing physician, and the local health officer or registrar required to report the cause of death under Section 193.005, Health and Safety Code, does not know the person's likely cause of death.
- When the person is a child who is younger than six years of age and the death is reported under Chapter 264,
   Family Code, and
- When a person dies who has been attended immediately preceding his death by a duly licensed and practicing physician, and the physician is not able to certify with reasonable certainty the cause of death as required by Section 193.004, Health and Safety Code.

Local deaths (those that occur within the boundaries of Travis County) that fall under TCMEO's jurisdiction are transported to the TCMEO for examination by a contract body transport company. In certain cases, a TCMEO investigator may attend the death scene in person and perform a preliminary examination of the body. An investigator usually attends all homicides, suicides, and accidental deaths, and select natural deaths. An investigator is on staff and available 24 hours/day, 365 days/year. TCMEO investigators do not physically perform scene investigations on cases that are reported to them from outside of the physical boundaries of Travis County. In these cases, the pertinent investigative information is collected over the telephone. On cases from outside of Travis County, an autopsy must be ordered by the referring Justice of the Peace and the body is transported to and from TCMEO by a funeral home company at the request of the referring Justice of the Peace.

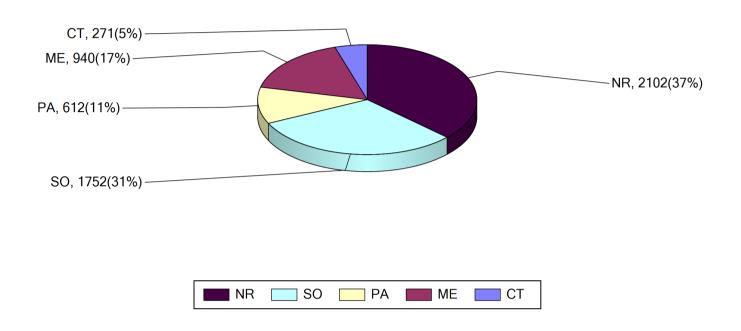
Not all bodies brought to the TCMEO for examination are autopsied. The Medical Examiner may choose to either perform a complete autopsy or to perform an external examination only. Partial autopsies are not performed at the TCMEO. In all autopsies and external examinations that do not consist of skeletal remains, blood and vitreous fluid specimens are collected for toxicological analysis. Toxicological analysis is performed on the vast majority of all cases that are autopsied and on only select cases that are external examination.

Investigative reports are generated on all cases that fall under the jurisdiction of the TCMEO. All deaths that occur within the boundaries of Travis County that are brought to the TCMEO for examination (whether they are autopsied or not) are given the designation of "ME" before the case number. All cases referred to the TCMEO from outside Travis County are given the designation of "PA" before the case number. If the TCMEO declines jurisdiction on a case, it is given the designation of "SO" before the case number. If a case is reported to our office that does not fall within our jurisdiction, it is given the designation of "NR." Occasionally, a death occurring within the boundaries of Travis County is not reported to the TCMEO when it should have been. The body may have already been buried or cremated. If the death can be adequately certified by review of the decedent's medical records and other investigation without physically viewing and examining the body, the case is given the designation of "CT" before the case number. All cases are collectively numbered sequentially beginning January 1 of each year. If the case consists of nonhuman remains (animal remains), it is given the designation of "SR" before the case number.

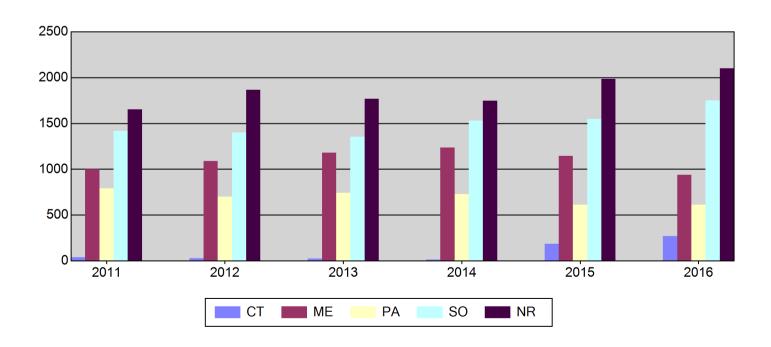
#### **DEATHS REPORTED**

In 2016, the TCMEO received a referral of 5677 cases. Every referral requires a preliminary screening by TCMEO investigative staff to determine if it falls under the jurisdiction of the Medical Examiner. Of those cases, 940 were Travis County deaths that fell under the Medical Examiner jurisdiction, jurisdiction was accepted, and the bodies were physically examined at the TCMEO (ME cases). 271 cases were Travis County deaths that fell under the Medical Examiner jurisdiction, jurisdiction was accepted, but for various reasons, the bodies were not physically examined at the TCMEO (CT cases). 1752 cases were Travis County deaths that were under the Medical Examiner jurisdiction, and were reported to the TCMEO, but jurisdiction was declined by TCMEO (SO cases). TCMEO received reports of death on 2102 cases in Travis County that did not fall within its jurisdiction and the cases were declined for examination (NR cases). The TCMEO received a total of 612 cases from outside of Travis County for examination (PA cases), and a total referral of 11 cases that proved to be animal remains (SR cases). There were no hospital autopsies under medical examiner jurisdiction. There were no exhumations.

#### **DEATHS REPORTED TO TCMEO 2016**

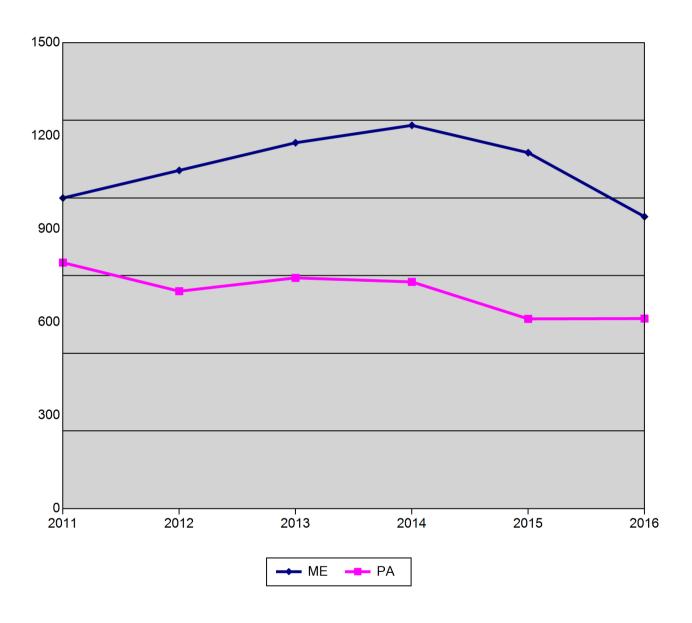


#### **DEATHS REPORTED TO TCMEO 2011-2016**



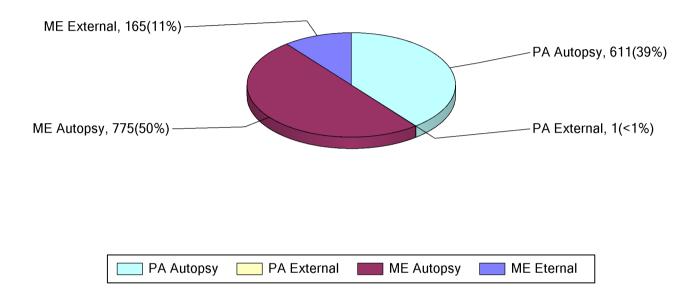
The yearly number of Travis County (ME) cases fluctuates along with the population of Travis County. The yearly number of out-of-county (PA) cases fluctuates along with many different factors, including the population of the surrounding counties, and changes in the fee charged for the performance of autopsies for the surrounding counties.

YEARLY CASELOAD TREND OF TRAVIS COUNTY (ME) AND OUT-OF-COUNTY (PA) CASES 2011-2016

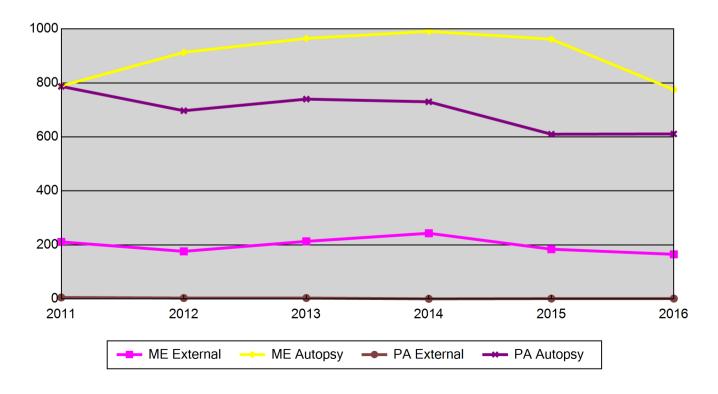


#### **EXAM TYPES 2016**

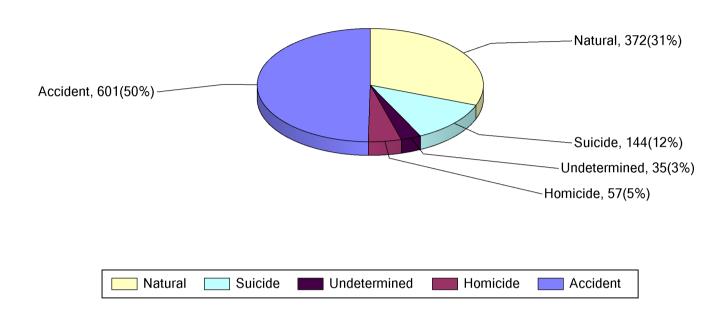
The autopsy numbers represent complete autopsies. Partial autopsies are not performed at our office. Bodies that come to our office based on jurisdiction but are not autopsied are called external exams. Percentages are rounded in the chart below to the nearest whole percentage.



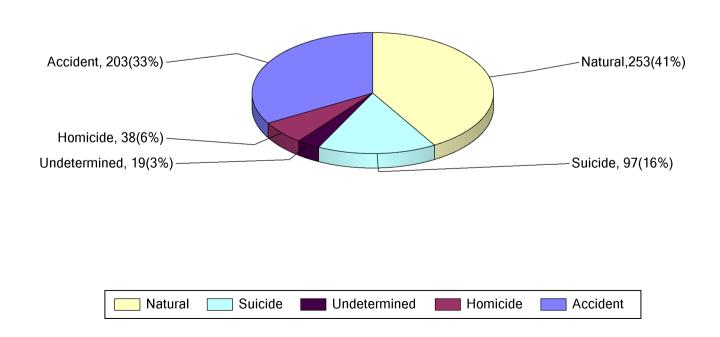
#### **AUTOPSY AND EXTERNAL EXAMINATION TRENDS 2011-2016**



#### MANNER OF DEATH TRAVIS COUNTY CASES 2016

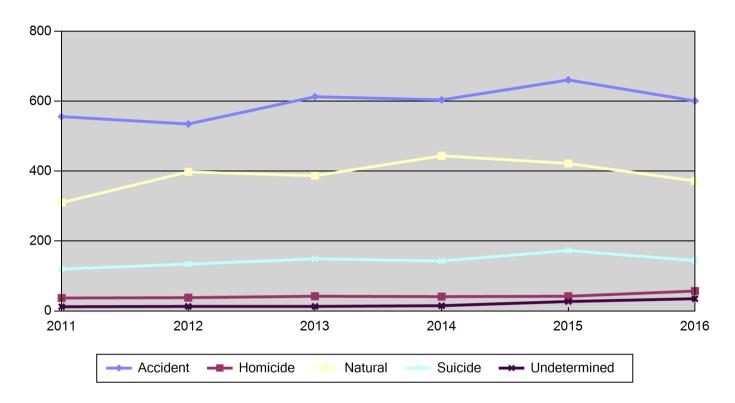


#### **OUT-OF-COUNTY CASES 2016**

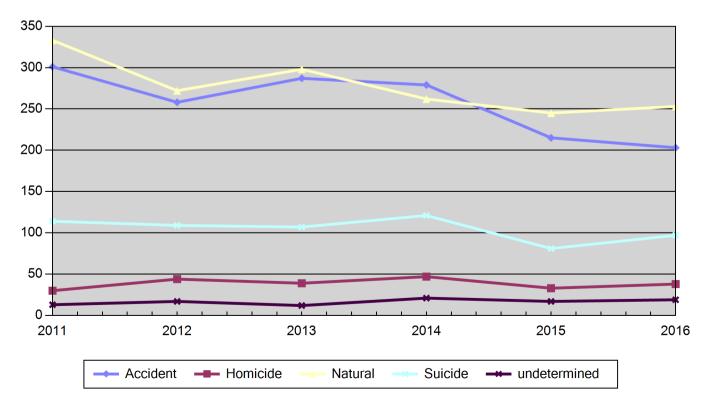


#### TRENDS IN MANNER OF DEATH 2011-2016

#### TRAVIS COUNTY CASES

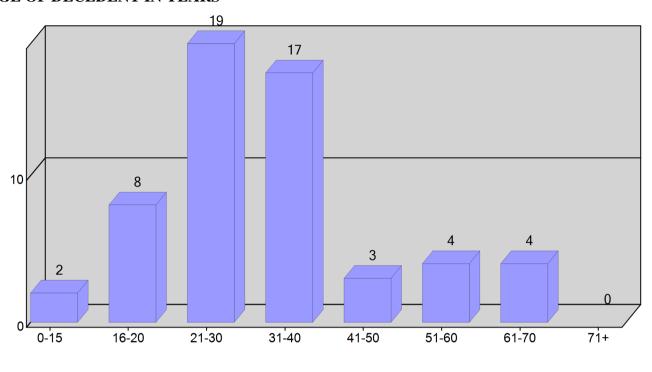


#### **OUT-OF-COUNTY CASES**



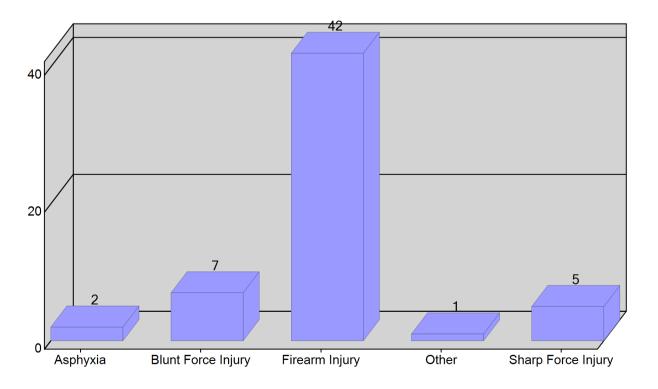
#### **HOMICIDES IN TRAVIS COUNTY 2016**

#### BY AGE OF DECEDENT IN YEARS



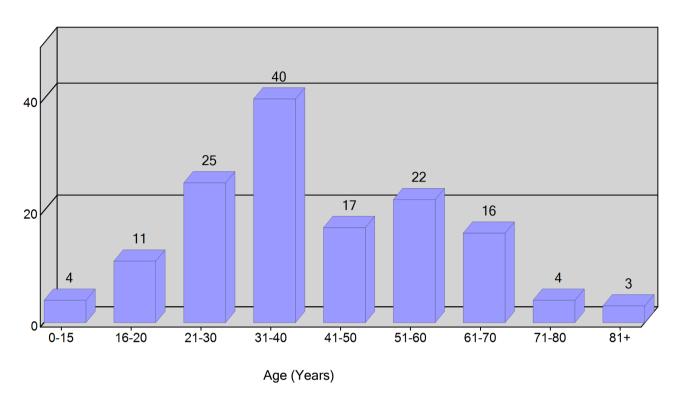
Age (Years)

#### **HOMICIDES BY INJURY TYPE**

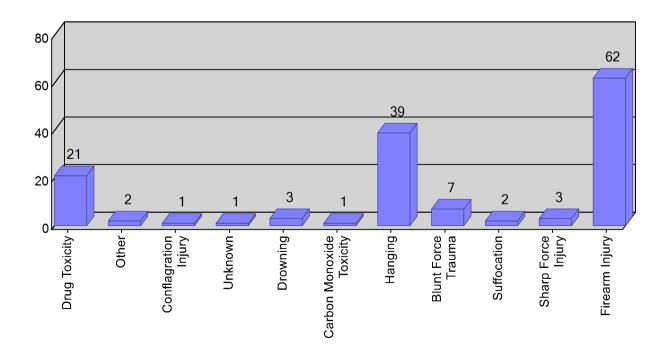


Injury Type

#### SUICIDES IN TRAVIS COUNTY 2016 BY AGE OF DECEDENT (IN YEARS)

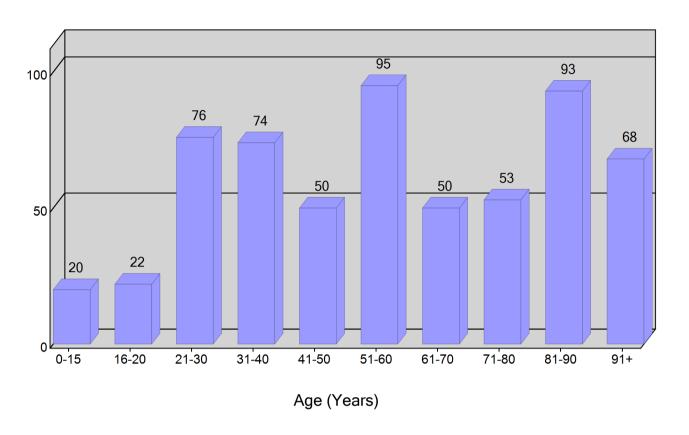


#### SUICIDES BY INJURY TYPE

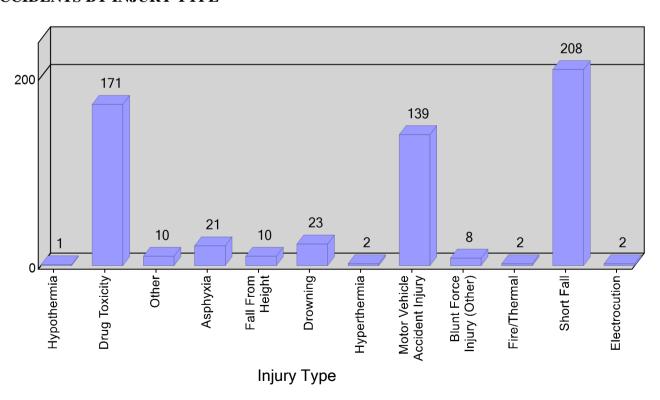


Injury Type

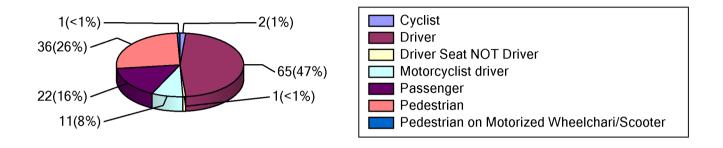
#### ACCIDENTAL DEATHS IN TRAVIS COUNTY 2016 BY AGE OF DECEDENT (IN YEARS)



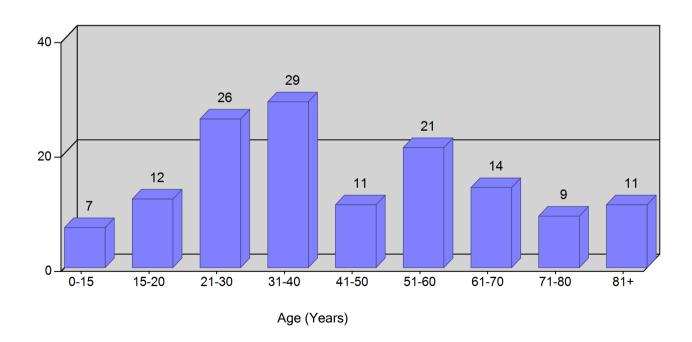
#### **ACCIDENTS BY INJURY TYPE**



#### MOTOR VEHICLE FATALITIES, TRAVIS COUNTY 2016 BY TYPE OF INCIDENT

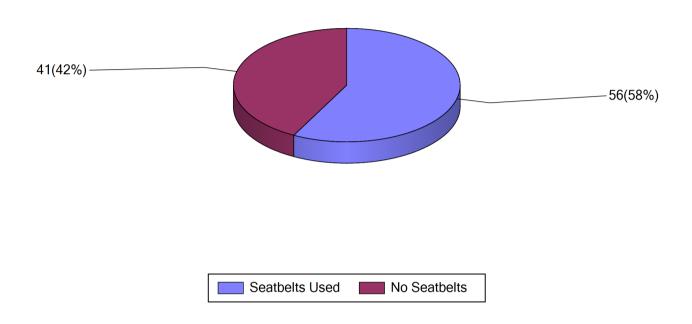


#### **BY AGE OF VICTIM (IN YEARS)**

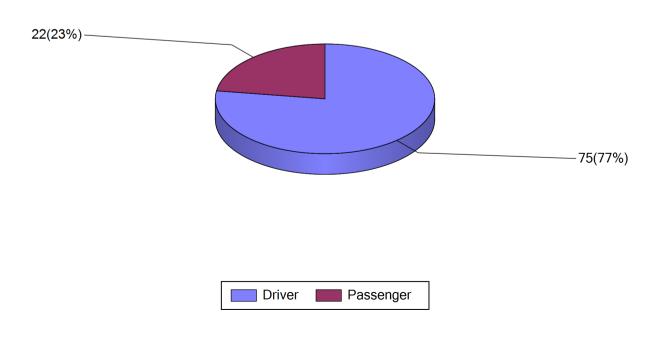


#### **AUTOMOBILE FATALITIES IN TRAVIS COUNTY 2016**

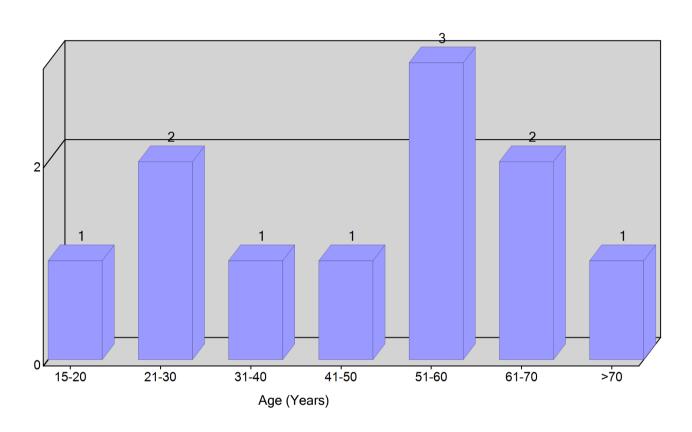
#### SEATBELTS IN USE AT TIME OF FATALITY (WHEN KNOWN)



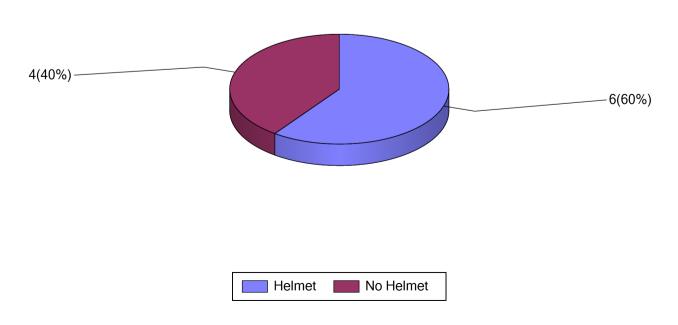
#### DECEDENT'S LOCATION WITHIN VEHICLE (WHEN KNOWN)



#### MOTORCYCLE FATALITIES IN TRAVIS COUNTY 2016 BY AGE OF DECEDENT (IN YEARS)

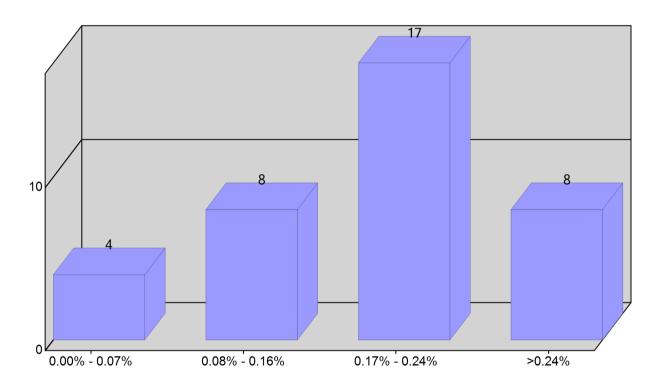


#### HELMET STATUS (WHEN KNOWN)

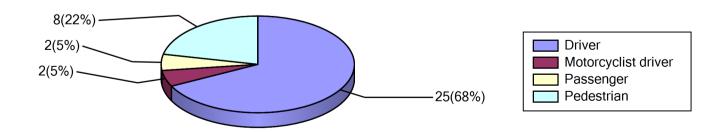


Alcohol was detected in 37 out of 118 (31%) traffic fatalities that occurred within the boundaries of Travis County in 2016.

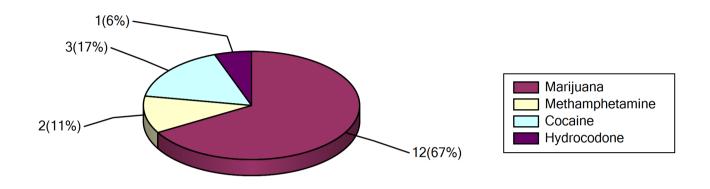
## BLOOD ALCOHOL CONCENTRATION IN VICTIM WHEN ALCOHOL IS DETECTED IN TRAFFIC FATALITIES, TRAVIS COUNTY 2016



ROLE OF DECEDENT IN TRAVIS COUNTY TRAFFIC FATALITIES IN WHICH ALCOHOL WAS DETECTED IN THE DECEDENT

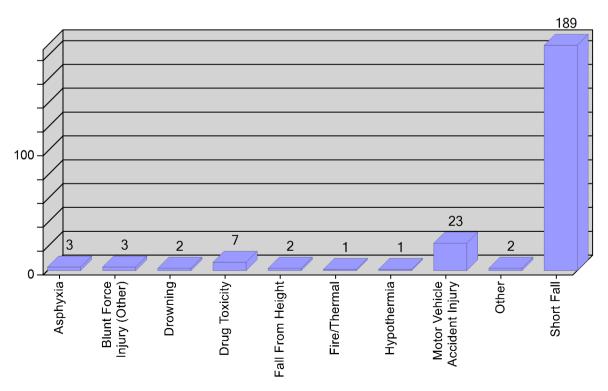


# MOST COMMON DRUGS DETECTED IN COMBINATION WITH ALCOHOL IN TRAVIS COUNTY TRAFFIC FATALITIES IN 2016

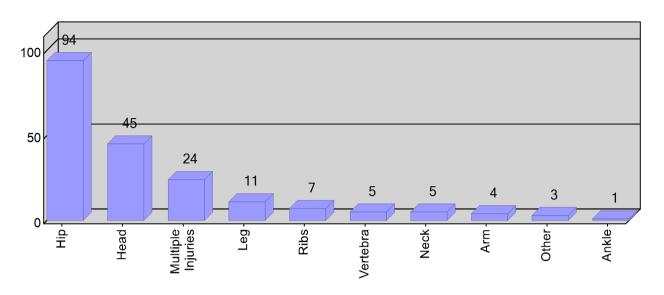


# ACCIDENTAL DEATHS IN TRAVIS COUNTY ELDERLY INDIVIDUALS (>65 YEARS OF AGE) 2016

#### **MECHANISM OF INJURY**



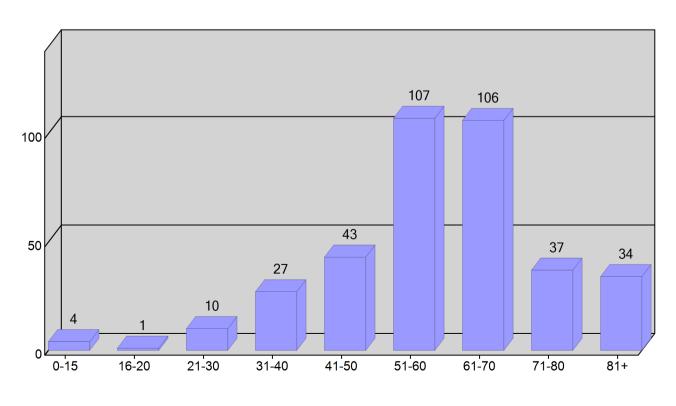
# ANATOMIC LOCATION OF INJURY/FRACTURE IN FALL-RELATED DEATHS IN ELDERLY INDIVIDUALS 2016



#### NATURAL DISEASE DEATHS

In 2016, 35% of Travis County medical examiner cases and 42% of out-of-county cases died of natural disease.

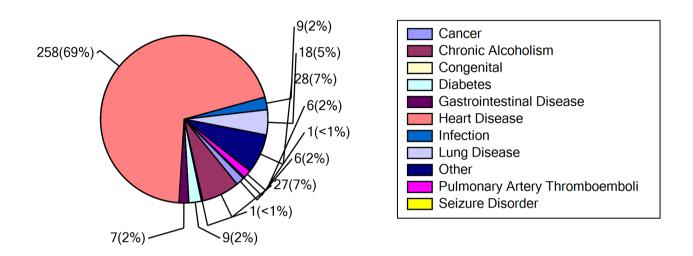
# NATURAL DISEASE DEATHS IN TRAVIS COUNTY EXAMINED BY TCMEO IN 2016 BY AGE OF DECEDENT (IN YEARS)



Age (Years)

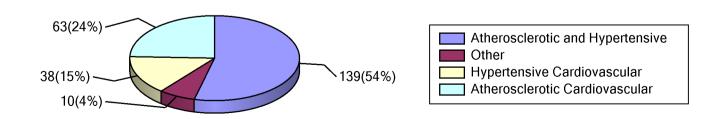
#### NATURAL DEATH IN TRAVIS COUNTY BY DISEASE PROCESS

As the following graph demonstrates, the greatest percentage of the deaths from natural disease are due to heart disease.



Heart disease is generally subdivided into atherosclerotic cardiovascular disease, hypertensive cardiovascular disease, and atherosclerotic and hypertensive cardiovascular disease. Atherosclerotic cardiovascular disease is a term used to describe hardening and narrowing of the arteries by atherosclerotic plaque, which often becomes calcified with age. Hypertensive cardiovascular disease refers to enlargement of the heart that occurs because of hypertension (high blood pressure). Atherosclerotic and hypertensive cardiovascular disease refers to a situation in which both disease processes are present.

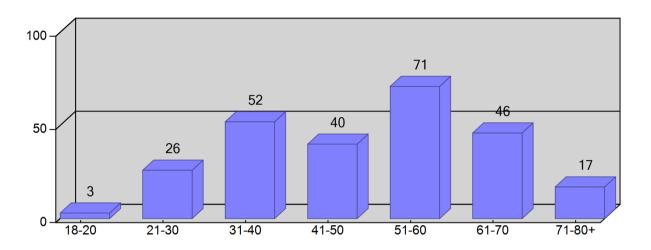
#### **HEART DISEASE BY TYPE 2016**



#### **OBESITY 2016**

256 out of 899 (28%) of deaths of Travis County residents 18 years or older in 2016 that were examined at TCMEO were obese. Obesity is defined as body mass index >30.

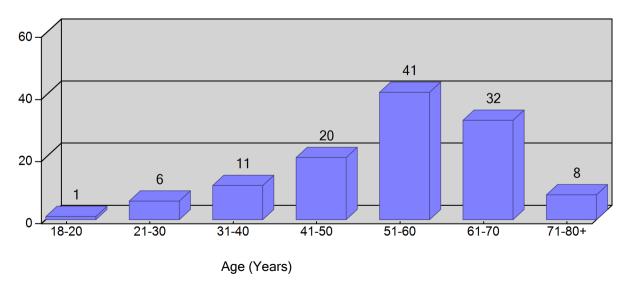
#### AGES OF DECEDENTS DETERMINED TO BE OBESE



#### **DEATHS RELATED TO OBESITY**

119 out of 365 (33%) of natural deaths of Travis County residents 18 years or older in 2016 that were examined at TCMEO were obesity-related.

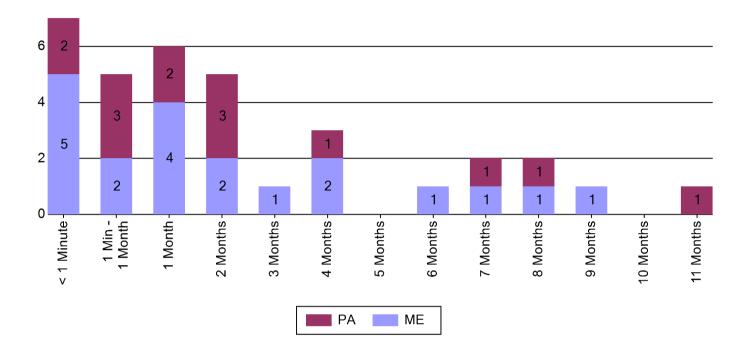
#### AGES OF DECEDENTS WHOSE DEATH WAS DETERMINED TO BE OBESITY RELATED



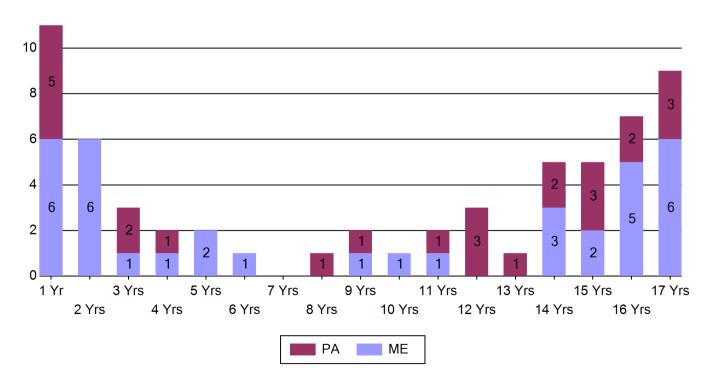
#### **CHILD FATALITIES 2016**

In 2016, 57 child fatalities (1 minute through 17 years of age) in Travis County were reported to TCMEO. An additional 43 child fatalities in other counties were reported to our office.

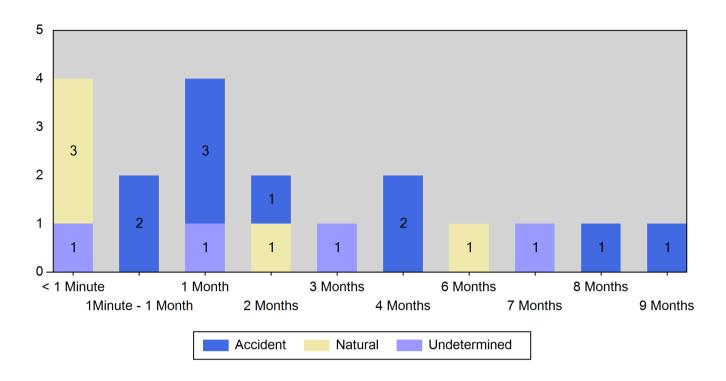
#### AGES AT DEATH OF CHILD FATALITIES

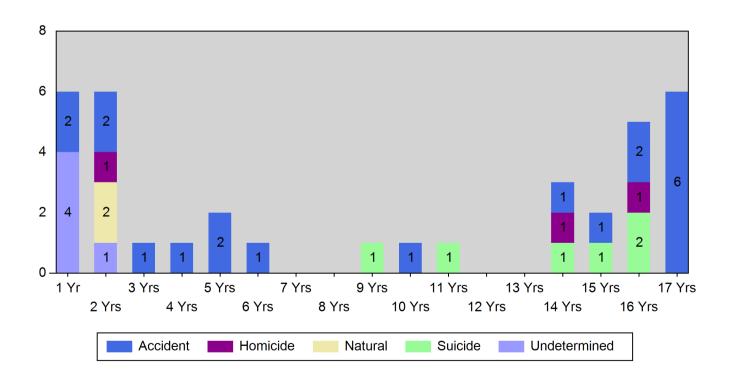


#### AGES AT DEATH OF CHILD FATALITIES (CONTINUED)



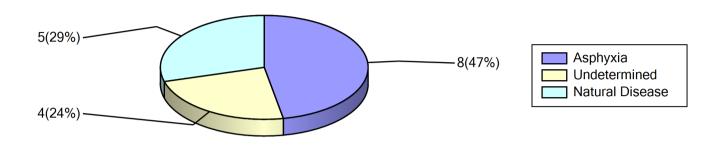
#### MANNER OF DEATH IN CHILD FATALITIES IN TRAVIS COUNTY 2016





#### INFANT DEATHS (1 DAY TO 1 YEAR OF AGE) IN TRAVIS COUNTY 2016

#### MECHANISM OF DEATH, NUMBER OF CASES



The majority of asphyxia deaths in these infants were related to unsafe sleeping conditions such as bed sharing in adult beds with other individuals and/or the use of unsafe/adult-type bedding materials. One suffocation death was unexplained.

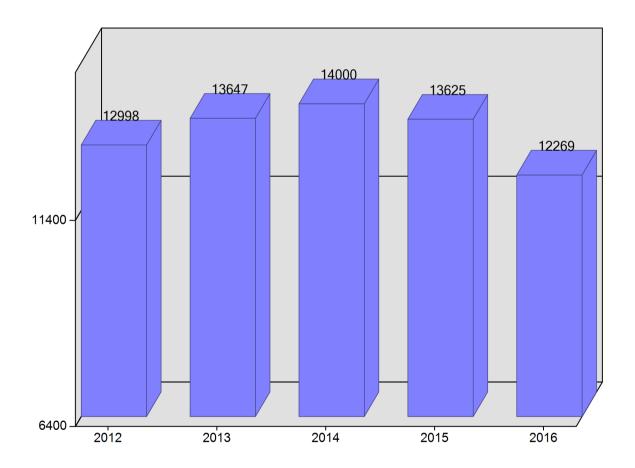
#### **TOXICOLOGY TESTING IN 2016**

Toxicology testing is routinely performed on cases that are autopsied. Toxicology testing is not routinely performed on cases that are not autopsied and have no suspicion of drug abuse or misuse of medications. In 2016, toxicology and/or clinical testing was performed on 97% of Travis County medical examiner autopsies and on 99% of out-of-county autopsies. Toxicology and/or clinical testing was performed on 6% of Travis County medical examiner cases that were viewed out (no autopsy performed).

# TOXICOLOGY TESTING IN TOXICOLOGY TESTING IN OUT-OF-COUNTY CASES 71 Autopsy View Out Autopsy View Out View Out

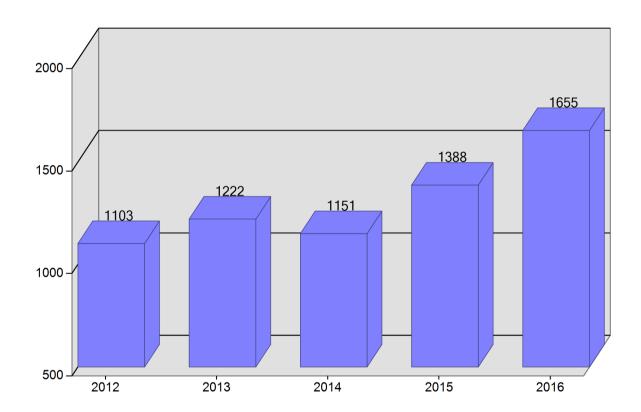
#### **NUMBER OF TOXICOLOGY TESTS PERFORMED 2012-2016**

The Toxicology Laboratory is accredited by the American Board of Forensic Toxicology. The laboratory is housed within the Medical Examiner's office and provides testing and support for a vast array of drugs and poisons to assist the Medical Examiners in the determination of cause and manner of death. The laboratory utilizes advanced techniques and equipment including enzyme linked immuno-sorbent assay (ELISA), gas chromatography-mass spectrometry (GC/MS), and liquid chromatography-mass spectrometry (LC/MS) to aid in the detection and measurement of these drugs and poisons in physiological specimens collected at autopsy. The Toxicology Laboratory is staffed by professional scientists with experience in forensic toxicology, analytical chemistry, and pharmacology. The following chart illustrates the raw number of complex screens and quantification tests performed on Travis County cases for the past five years.

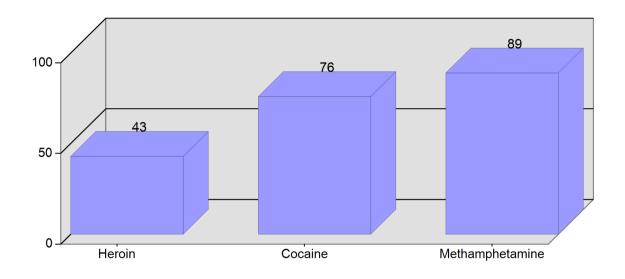


#### LIQUID CHROMATOGRAPHY/MASS SPECTROMETRY (LC/MS) TESTING 2012-2016

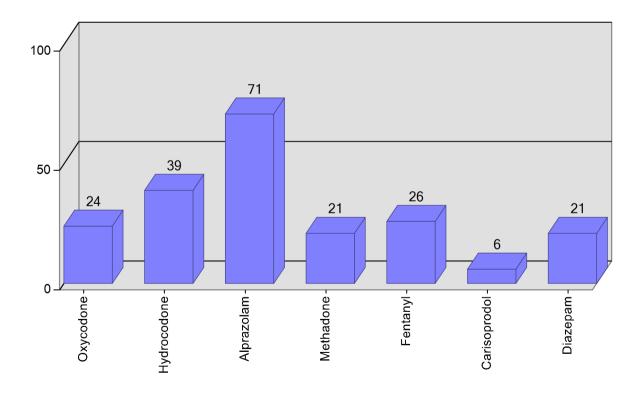
In 2002 the Travis County Medical Examiner's office was fortunate to be one of the first Medical Examiner toxicology laboratories in Texas and the USA to acquire LC/MS technology. Currently, we have two such instruments. LC/MS has afforded our office the opportunity to advance our scope of drug screening and quantification and improve upon quality control in those analyses. In fact, LC/MS is utilized by major drug companies in the development and testing of new drugs that will be introduced to the general public. Therefore, it is important for the Medical Examiner's office to test for these drugs as well. The chart below illustrates the upward trend in LC/MS testing in our laboratory on all cases for the past five years. It is the goal of our laboratory to keep up with technological advances in order to provide the best toxicological information to the Medical Examiners, the judicial system, law enforcement, and the general public.



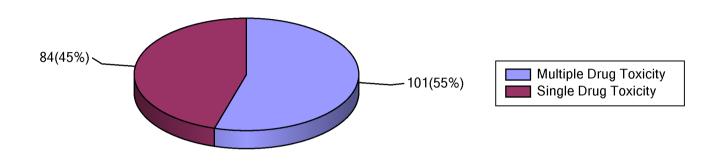
# ILLICIT DRUGS MOST COMMONLY DETECTED IN TRAVIS COUNTY DECEDENTS EXAMINED AT TCMEO IN 2016(not necessarily drug overdose deaths).



TYPICALLY ABUSED MEDICATIONS MOST COMMONLY DETECTED IN TRAVIS COUNTY DECEDENTS EXAMINED AT TCMEO IN 2016(not necessarily drug overdose deaths).

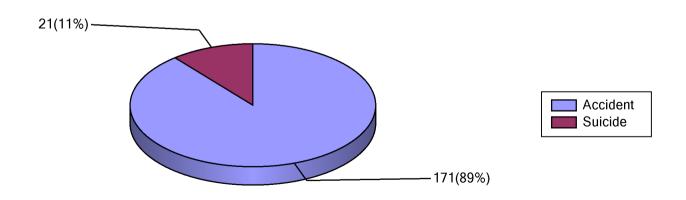


# TYPES OF DRUG-RELATED DEATHS IN TRAVIS COUNTY IN 2016 MULTIPLE DRUG TOXICITY VERSUS SINGLE DRUG TOXICITY



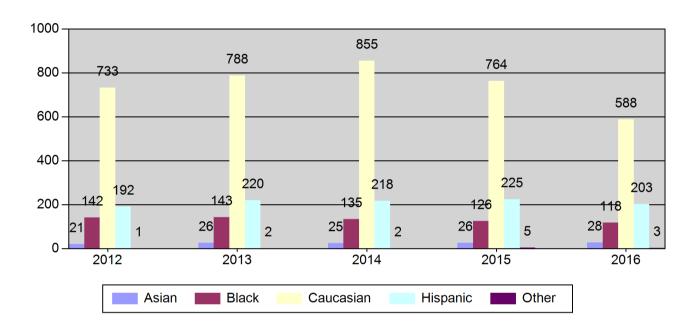
#### **DEATHS BY INTOXICATION IN TRAVIS COUNTY 2016**

#### MANNER OF DEATH

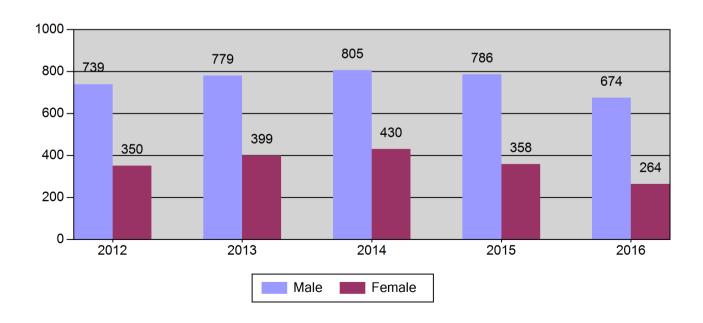


#### **DEMOGRAPHIC INFORMATION**

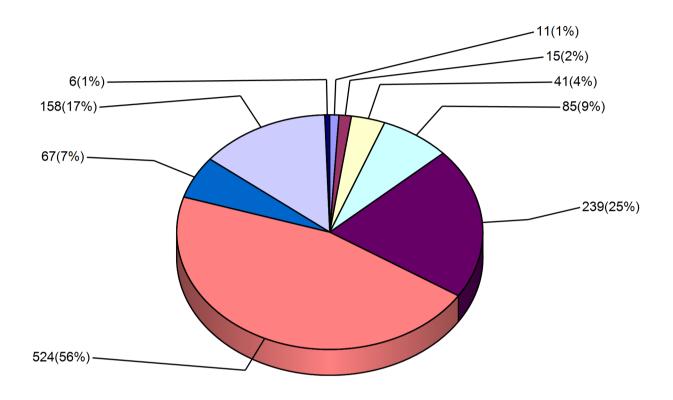
# DECEDENT'S RACE 2016 TRAVIS COUNTY CASES AS COMPARED TO CASES OCCURRING IN THE PREVIOUS FOUR YEARS

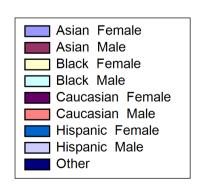


# DECEDENT'S GENDER 2016 TRAVIS COUNTY CASES AS COMPARED TO CASES OCCURRING IN THE PREVIOUS FOUR YEARS



# BREAKDOWN BY RACE AND GENDER OF TRAVIS COUNTY DEATHS AS INVESTIGATED BY TCMEO IN 2016

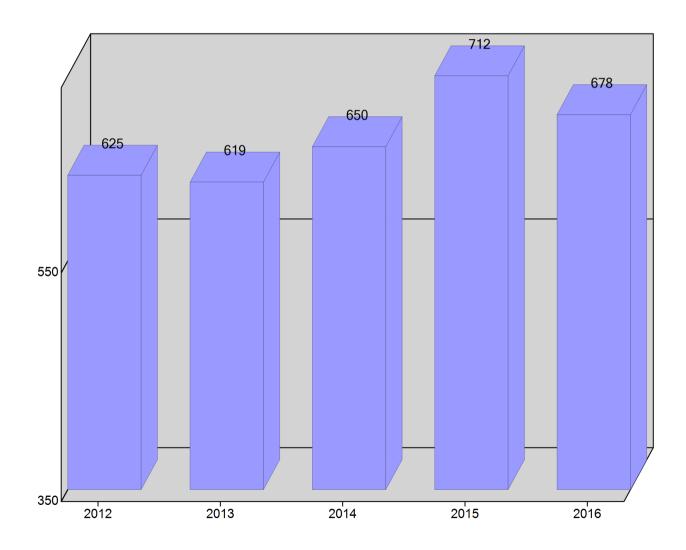




#### **SCENE INVESTIGATION 2016**

Scene investigation is an important component of proper medicolegal death investigation. TCMEO forensic investigators attended 678 death scenes in Travis County in 2016. TCMEO investigators do not attend death scenes that are located outside of Travis County boundaries. Types of scenes investigated include all suspected homicides, suicides, and accidental deaths, and select cases suspected to have died of natural disease.

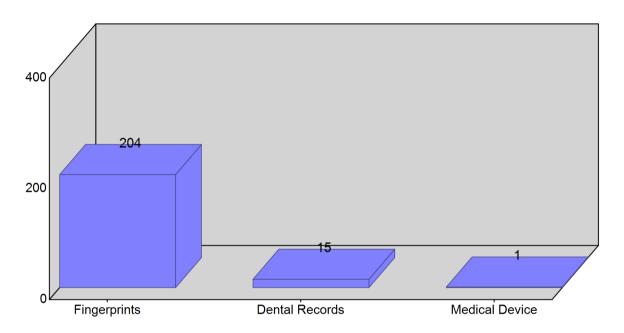
# TRENDS IN SCENE INVESTIGATION 2012-2016 NUMBERS OF SCENE INVESTIGATIONS



#### **UNIDENTIFIED BODIES 2016**

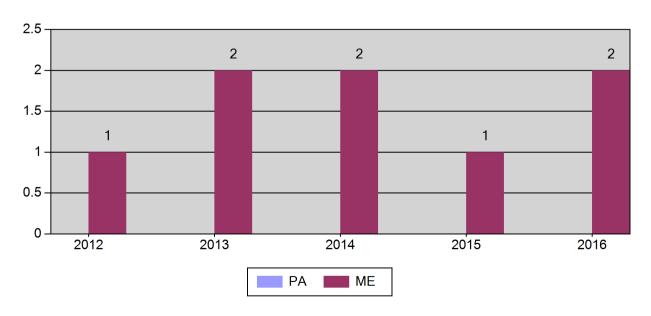
Occasionally, people who die have no identification on them, and it is either unknown or uncertain as to who they are. TCMEO, along with law enforcement agencies, work together using various techniques to scientifically identify these decedents. In 2016, 220 decedents examined at TCMEO were scientifically identified.

# METHODS OF SCIENTIFIC IDENTIFICATION OF UNIDENTIFIED DECEDENTS 2016 (ME and PA cases combined)



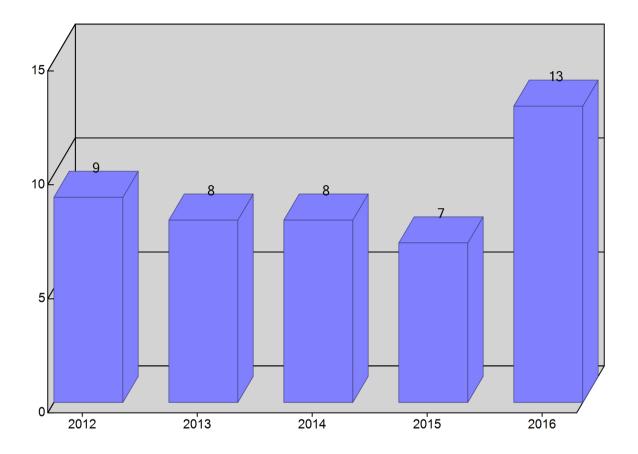
# UNIDENTIFIED BODIES AT THE TCMEO 2012-2016

Despite best attempts at identifying unidentified individuals, occasionally, a body will remain unidentified. These cases most often are skeletal remains, where only bones are available for identification, ranging from a single bone fragment to an entire skeleton.



#### NUMBERS OF UNCLAIMED BODIES AT THE TCMEO 2012-2016

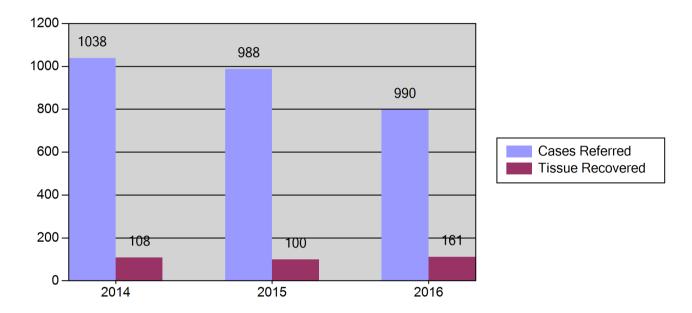
(All cases were referred to the Travis County Burial Assistance Program.)



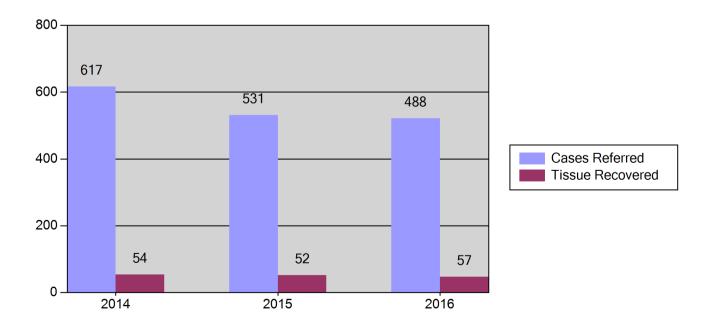
#### EYE AND TISSUE BANK REFERRALS 2014-2016

TCMEO refers all eligible cases to the Travis County Blood and Tissue Center and the Lone Star Lions Eye Bank of Central Texas for possible tissue recovery. Tissue may be recovered from select cases only upon consent from the decedent's family. The following charts indicate the number of cases referred to the recovery agencies by TCMEO, and the number of cases in which tissue was recovered.

#### **Travis County**



#### Out of County

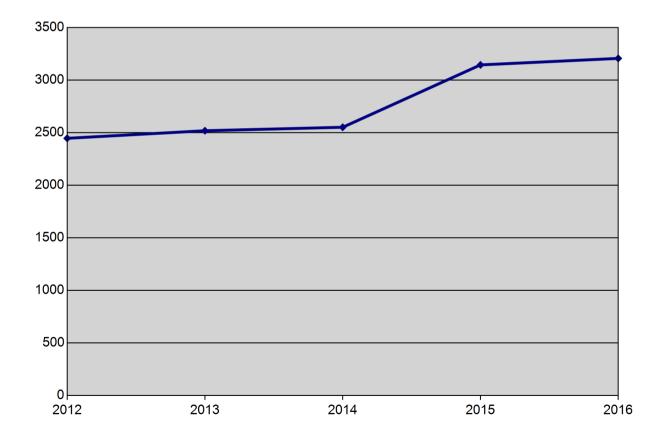


#### **ORGAN DONATION IN 2016**

If organ donation is to occur in a case, it takes place in a hospital setting before the body is received by TCMEO for its examination. In 2016, organ donors who died within the boundaries of Travis County gifted a large number of organs that were successfully transplanted into needy individuals across the United States. There were 32 organ donors from Travis County in 2016, the majority of whom died a traumatic death and subsequently underwent autopsy.

#### **CREMATION AUTHORIZATIONS 2012-2016**

In Texas, Medical Examiners or Justices of the Peace are required by law to sign cremation authorizations before a body is cremated. At the TCMEO, the cremation authorization form and death certificate of each decedent is reviewed by a forensic pathologist before authorizing cremation requested by the decedent's family. In 2016, TCMEO doctors authorized 3206 cremations. The following demonstrates the number of cremation authorizations signed by our pathologists over the recent years.



#### **BODY TRANSPORT IN 2016**

Travis County contracts with a company to provide transport services to our office on deaths that occur within the boundaries of Travis County. In 2016, 919 bodies in Travis County were transported using our contracted provider, and 21 bodies were transported by TCMEO personnel. Out-of-county cases are transported by funeral homes retained by the referring Justice of the Peace or family.

#### **COMMUNITY INVOLVEMENT IN 2016**

TCMEO regularly interacts with, and impacts, the local community in a variety of ways. Such activities over the past few years included a variety of educational endeavors, including lectures on a college level to St. Edwards and University of Texas students. On a high school level, TCMEO staff lectured on death investigation at several schools, and participated in Shattered Dreams and Skillpoint Alliance programs. Staff members of TCMEO serve on the Travis County Child Fatality Death Review Team and attend AIM HIGH meetings, Safe Kids Austin, and Safe Sleep Task Force meetings. We have lectured on infant safety for teen mothers and on unsafe sleep environments. In addition, we gave presentations to area hospitals, hospice agencies, and nursing homes on proper reporting of medical examiner cases. We also provided lectures on proper death certification to physician and administration groups. One of our most important community interactions happens when physicians and hospitals receive post-mortem reports and gain insight on a disease or injury process. Over the past few years, TCMEO hosted interns from the St. Edwards University Forensic Science program, the University of Texas Nursing program, the University of Texas College of Pharmacy, and the Texas State University Anthropology program. We also provide training in forensic pathology for various regional medical students and pathology residents. TCMEO also fulfills legal obligations related to its function in medicolegal death investigation.